

June 7th, 2023 GNCoC General Committee Meeting Minutes

Called to order at 9:00am

Introductions were made.

Approval of May's meeting minutes: Mike Apfelberg made a motion to approve minutes, seconded by Scott Wellman. All were in favor.

There will be no meeting in July and Ashley Jackson will cancel the meeting within the calendar invite for the GNCoC Distribution list.

Presentations on Substance Use Disorder

Doorway- Kristin Makara:

- Location is at 268 Main Street
- Their hours are 8am-5pm, Monday through Friday
- Their basic services are phone call assessment, care planning, education, fentanyl testing, transportation assistance, recovery coaching, recovery therapy, and assisting with Medicaid applications. They can support folks up to 30 days for housing within their program with a grant for SUD.
- They provide an office-based location with a medical team for their center for recovery management. The language is transitioning from MAT to MAR to be more supportive and less of a stigma for individuals experiencing SUD.

Nashua Public Health and Community Services- Leah Elliott:

- Discussed the Mayor's Task Force on Substance Misuse and their agenda items.
- They meet monthly on the 3rd Tuesday of each month at 9:30am-11am.
- The history of the MOTF- To prevent harm from substance misuse through equitable education and etc.
- Key stakeholders are PD, Faith community, Educators, and others working to prevent and treat SUD.
- They are able to get data from the Police Department to review overdoses, fatalities, home/residence, roadway/ or vehicle, and etc. They look at the data from a 12-month period to compare from previous months.
- They provide an hour-long training to be able to identify the signs of an overdose and how to administer Narcan.

Revive- Jessica Carter:

- Jessica Carter started in this position as a recovery coach back in 2018 and she was the first position that was federally funded.
- Their physical location is in Nashua at 263 Main Street. Their hours are Monday – Friday from 8am-5pm. You can get Narcan at their locations during business hours.
- They have another location on Elm Street in Manchester, NH and they need help with finding employees to work at the Manchester location.
- During 2021, they increased syringe services to help with providing safer alternatives for other methods of using substances, like safer vaping, smoking, and boofing materials.
- They have an annual cookout on June 17th for their members where they can invite their family and friends. All community members are welcome as well.
- They Provide a safe and friendly environment at their locations, and they help with recovery coaching, recovery training, yoga, education, and help individuals get connected with other services as well.
- They participate in the drug courts and are trying to update the title of the drug courts to decrease the stigma and become more inclusive.
- They have a satellite location in Derry.
- Youth Alternative peer groups- They don't have much traction yet for the peer group, but they are spreading the word and trying to get that off the ground.
- They get funding from private donations, Harbor Care, NH Harm Reduction Coalition, Charitable gaming fundraisers, Drug Court, Doorway, Over the Edge Fundraiser, and etc.

Harbor Care Cameron Bergeron:

- They offer an integrated treatment approach: Healthcare services, Housing, Addiction treatment, veteran services, and employment services.
- Cynthia Day program
 - Is a substance use treatment for pregnant and parenting women.
 - They can accept most health insurance including Medicaid.
- Intensive Outpatient Programs- Participants attend intensive treatment services while living in the community.
- Outpatient Programming- They have two outpatient groups, and they have specialized programming for opioid and methamphetamine use disorders.
- MAT+ program and this program helps for patients to receive all levels of care, treatment, support services to be successful at recovery.
- They have certified recovery support workers and they're more formal with wrap around services, and they can get support as many times as they would like, and they are open Monday- Friday 8am-5pm. They provide case management programs and medication management with a holistic approach where they can get everything they need regarding SUD recovery at one place.

- Peer Recovery Support Services- Harbor Care doesn't provide this service directly but they fund other agencies, such as Revive, for this service.
- Partial Hospitalization Program- They will be launching this program for housing this summer of 2023.
- They have a waitlist for individual therapy but not for all other services.

Greater Nashua Mental Health Center- Julie Christenson-Collins:

- What makes their program unique- They have providers that have master's degrees to help with co-occurring substance use and mental health disorders.
- Clinical Treatment Services Offered: Intensive Outpatient Program for Adults and Adolescents- Harm reduction, education on recovery, safe sex, and this is provided 3 times a week.
- They provide psychiatry services, case management, peer recovery coaching, contingency management program (coming soon), onsite walk-in nursing: Mondays after IOP. They don't provide higher levels of care, but they do still work with the individuals to get other resources and they only accept appointments at the moment. They have a SUD intake phone number 603-889-6147 and they don't have a waitlist at the moment.

Greater Nashua Prevention Coalition- Michelle Jonas:

- Targeting parents specifically on education on addiction and SUD and being more aware with their kids. They have circle talks and GN-Y2Y to have the opportunity to host these group talks on education to parents to let them know that they aren't alone. Michelle is bringing this program to Nashua. Their concentration has been on youth but now they are branching out to the parents and education.
- Youth 2 Youth is a program where they are giving youth the opportunity to speak instead of being talked to by adults. They are trying to engage the youth to exercise their voice and come up with what they would like to talk about and they are implementing this group within elementary schools, junior high school, high school, boys and girls club and girls Inc.
- They are having an event on addiction at Chunky's with 100 seats available.

HUD Data Standard Changes- Chertina Walker:

- HUD is making changes to HMIS with language on-
 - Gender identity
 - SS numbers for ESG and CoC Funding
 - They're removing ethnicity.
 - Domestic Violence Language is changing too
- These changes will be rolling out in October of 2023 and HUD will send it this out to ICA in September before finalizing it in October.

Capacity/Openings and Updates

Shelters-

- NSKS- 4 male beds opened.
Women's Hope Center- One opening

Transitional Housing-

- The front door agency is full.
- Marguerite's Place is full
- Family Promise doesn't have any openings and has a waitlist as well.

Permanent Housing-Harbor Care

- 22 individuals on list CH list
- 7 have a voucher in hand
- 6 in process for application
- 9 have no contact are non-responsive.
- 2 were housed this month
- 193 households housed
- 266 individuals housed
- PH 8 is ending as of this month in June, and they have been holding some openings for those individuals.

Rapid Rehousing-

- Doug Howard at Front Door Agency- gave a shoutout to Heather Nelson at Harbor Care to helping with PH for his clients.

Announcements/Discussions

- Katie from Harbor Care- June 20th Veteran provider meeting in Concord, NH to discuss coordinated entry, and etc.
- Katie from Harbor Care -June 28th at New England College for the Veteran Summit meeting
- Zach P. from Stepping Stones is working on a YHDP application with Harbor Care to get funding for the Greater Nashua area regarding youth homelessness and services. The application is due on June 27th.
- SNHS provides rapid rehousing as well for the GNCoC application/funding.

Meeting adjourned at 10:30am

Minutes taken by Ashley Jackson, GNCoC Coordinator